

"Valleys of daal,  
mountains of rice,  
trees of salad-use  
your creative juices  
while serving meals so  
that food looks and tastes  
as interesting to your  
little one as his  
world of imagination."

Sudha Gupta, Parenting Expert  
and Chairperson, Mother's Pride

## FEBRUARY - 2014

### *Holiday*

*Gobhi Prantha with Butter*

*Bread Rolls with Fruit*

*Rice with Channa*

*Aloo Sandwich*

*Veg Macaroni*

### *Holiday*

*Bread Pakora with Fruit*

*Rajma Rice*

*Veg Bambino*

*Channa Dal Khechdi*

*Veg Chowmein*

### *Holiday*

*Bread Butter / Jam with Fruit*

*Chappati with Carrot & Peas*

*Lobia with Rice*

*Cutlet with Fruit*

*Veg Dalia*

### *Holiday*

*Veg Macaroni*

*Rice with Channa*

*Pav Bhaji*

*Veg Pulao*

*Holiday (Mahashivratri)*

*1st Feb*

*2nd Feb*

*3rd Feb*

*4th Feb*

*5th Feb*

*6th Feb*

*7th Feb*

*8th Feb*

*9th Feb*

*10th Feb*

*11th Feb*

*12th Feb*

*13th Feb*

*14th Feb*

*15th Feb*

*16th Feb*

*17th Feb*

*18th Feb*

*19th Feb*

*20th Feb*

*21st Feb*

*22nd Feb*

*23rd Feb*

*24th Feb*

*25th Feb*

*26th Feb*

*27th Feb*

*28th Feb*