

"One thing that  
children of today  
never get to experience  
is hunger!

Let your child feel hungry,  
demand for food rather than  
force feed him every hour."

Sudha Gupta, Parenting Expert  
and Chairperson, Mother's Pride

## APRIL - 2015

<i>Veg. Patty with Fruit Custard</i>	<i>1st April</i>
<i>Holiday</i>	<i>2nd-5th April</i>
<i>Bread Pakora with Sprouts Salad</i>	<i>6th April</i>
<i>Mixed Vegetable pulao with Lauki Raita</i>	<i>7th April</i>
<i>Veg. Cutlet with Sprouts Salad</i>	<i>8th April</i>
<i>Bhindi with Chappati and Raita</i>	<i>9th April</i>
<i>Vada Sambhar with Fruit</i>	<i>10th April</i>
<i>Holiday</i>	<i>11th-12th April</i>
<i>Poori Aloo with Halwa</i>	<i>13th April</i>
<i>Holiday</i>	<i>14th April</i>
<i>Bread Pakora with Sprouts Salad</i>	<i>15th April</i>
<i>Veg. Pulao with Curd</i>	<i>16th April</i>
<i>Chappati with Gobhi Aloo</i>	<i>17th April</i>
<i>Holiday</i>	<i>18th-19th April</i>
<i>Chappati with Lauki Kofta Curry</i>	<i>20th April</i>
<i>Bread Pakora with Sprouts Salad</i>	<i>21st April</i>
<i>Chappati with Paneer Butter Masala</i>	<i>22nd April</i>
<i>Vada Sambhar with Fruit</i>	<i>23rd April</i>
<i>Stuffed Parantha with Curd</i>	<i>24th April</i>
<i>Holiday</i>	<i>25th-26th April</i>
<i>Dal Makhani with Methi Paratha</i>	<i>27th April</i>
<i>Rajma with Rice and Salad</i>	<i>28th April</i>
<i>Bhindi with Chappati and Raita</i>	<i>29th April</i>
<i>Stuffed Parantha with Curd</i>	<i>30th April</i>