

"Children neither give importance nor understand the many benefits of eating healthy food. You need to reinforce that in a fun way through rhymes, books and videos."

Sudha Gupta, Parenting Expert
and Chairperson, Mother's Pride

MARCH - 2015

<i>Holiday</i>	<i>1st March</i>
<i>Bread Pakora with Sprouts Salad</i>	<i>2nd March</i>
<i>Channa with Rice</i>	<i>3rd March</i>
<i>Poori Aloo with Fruit</i>	<i>4th March</i>
<i>Holiday</i>	<i>5th - 8th March</i>
<i>Kadi with Zeera Rice and Salad</i>	<i>9th March</i>
<i>Chappati with Palak Paneer</i>	<i>10th March</i>
<i>Vada Sambhar with Fruit</i>	<i>11th March</i>
<i>Chappati with Gobhi Aloo</i>	<i>12th March</i>
<i>Dal Makhani with Methi Paratha</i>	<i>13th March</i>
<i>Holiday</i>	<i>14th March</i>
	<i>15th March</i>
<i>Veg Pulao with Curd</i>	<i>16th March</i>
<i>Veg Burger with Kheer</i>	<i>17th March</i>
<i>Chappati with Paneer Butter Masala</i>	<i>18th March</i>
<i>Rajma with Rice and Sprout Salad</i>	<i>19th March</i>
<i>Pav Bhaji with Kheer</i>	<i>20th March</i>
<i>Holiday</i>	<i>21st-25th March</i>
<i>Bread Pakora with Sprouts Salad</i>	<i>26th March</i>
<i>Veg Patty with Fruit</i>	<i>27th March</i>
<i>Holiday</i>	<i>28th March</i>
	<i>29th March</i>
<i>Stuffed Parantha with curd</i>	<i>30th March</i>
<i>Rajma with Rice and Sprout Salad</i>	<i>31st March</i>