

"If your child is fussy eater,
set the menu for the week for
him / her. Giving choice and
the authority to decide will solve
half of the problem".

Sudha Gupta, Parenting Expert
and Chairperson, Mother's Pride

October - 2015

<i>Pav Bhaji with Salad</i>	<i>1st October</i>
<i>Holiday - Gandhi Jayanti</i>	<i>2nd October</i>
<i>Holiday</i>	<i>3rd - 4th October</i>
<i>Veg. Patty with Pear</i>	<i>5th October</i>
<i>Bread Rolls with Sprout Salad</i>	<i>6th October</i>
<i>Stuffed Parantha with Curd</i>	<i>7th October</i>
<i>Kadi with Rice</i>	<i>8th October</i>
<i>Jeera Aloo with Chappati and Salad</i>	<i>9th October</i>
<i>Holiday</i>	<i>10th - 11th October</i>
<i>Chappati with Aloo Capsicum</i>	<i>12th October</i>
<i>White Channa with Rice and Salad</i>	<i>13th October</i>
<i>Veg. Bambino with Banana</i>	<i>14th October</i>
<i>Paneer Bhurji with Chappati and Salad</i>	<i>15th October</i>
<i>Channa Dal Khichdi with Curd and Salad</i>	<i>16th October</i>
<i>Holiday</i>	<i>17th - 18th October</i>
<i>Potato Corn Sandwich with Banana</i>	<i>19th October</i>
<i>Pav Bhaji with Sweets</i>	<i>20th October</i>
<i>Poori Aloo with Halwa</i>	<i>21st October</i>
<i>Dussehra Break</i>	<i>22nd - 27th October</i>
<i>Veg. Cutlet with Pear</i>	<i>28th October</i>
<i>Bread Rolls with Sprout Salad</i>	<i>29th October</i>
<i>Holiday - Karva Chauth</i>	<i>30th October</i>
<i>Holiday</i>	<i>31st October</i>