

"Children neither
give importance nor
understand the many
benefits of eating healthy
food. You need to reinforce
that in a fun way through
rhymes, books and videos."

Sudha Gupta, Parenting Expert
and Chairperson, Mother's Pride

November - 2015

Holiday

Paneer Bhurji with Chappati and Salad

Veg. Patty with Pear

Chappati with Aloo Capsicum

Bread Rolls with Sprout Salad

Pav Bhaji with sweets

Holiday

Poori Aloo with Halwa

Diwali Break

Kadi with Rice

Channa Dal Khichdi with Curd and Salad

Veg. Bambino with Banana

Potato Corn Sandwich with Banana

Veg. Macaroni with Fruit

Holiday

White Channa with Rice and Salad

Poori Channa with Halwa

Holiday - Guru Nanak Jayanti

Bread Rolls with Sprout Salad

Jeera Aloo with Chappati and Salad

Holiday

Stuffed Parantha with Curd / Butter

1st November

2nd November

3rd November

4th November

5th November

6th November

7th - 8th November

9th November

10th - 15th November

16th November

17th November

18th November

19th November

20th November

21th - 22nd November

23rd November

24th November

25th November

26th November

27th November

28th - 29th November

30th November