

"Valleys of Dal,
mountains of rice, trees
of salad - use your creative
juices while serving meals
so that food looks and tastes
as interesting to your little one
as his world of imagination."

Sudha Gupta, Parenting Expert
and Chairperson, Mother's Pride

FEBRUARY - 2016

<i>Kadi with Jeera Rice and Salad</i>	<i>1st February</i>
<i>Poori Aloo with Fruit</i>	<i>2nd February</i>
<i>Veg. Pulao with Curd</i>	<i>3rd February</i>
<i>Chapati with Palak Paneer</i>	<i>4th February</i>
<i>Bread Pakora with Sprout Salad</i>	<i>5th February</i>
<i>Holiday</i>	<i>6th-7th February</i>
<i>White Channa with Rice</i>	<i>8th February</i>
<i>Veg. Burger with Kheer</i>	<i>9th February</i>
<i>Stuffed Prantha with Butter</i>	<i>10th February</i>
<i>Chapati with Mix Veg.</i>	<i>11th February</i>
<i>Channa Dal Khichdi with Curd</i>	<i>12th February</i>
<i>Holiday</i>	<i>13th-14th February</i>
<i>Bread Rolls with Fruit</i>	<i>15th February</i>
<i>Veg. Sandwich and Sprout Salad</i>	<i>16th February</i>
<i>Dal Makhani with Rice</i>	<i>17th February</i>
<i>Chapati with Jeera Aloo</i>	<i>18th February</i>
<i>Bread Pakora with Sprouts Salad</i>	<i>19th February</i>
<i>Holiday</i>	<i>20th-21st February</i>
<i>Methi Parantha with Butter</i>	<i>22nd February</i>
<i>Pav Bhaji with Salad</i>	<i>23rd February</i>
<i>Corn Pulao with Raita</i>	<i>24th February</i>
<i>Chapati with Aloo Matar</i>	<i>25th February</i>
<i>Veg. Cutlet with fruits</i>	<i>26th February</i>
<i>Holiday</i>	<i>27th-28th February</i>
<i>Rajma with Rice and Salad</i>	<i>29th February</i>