


To grow healthy your child
needs your love as much
as he needs food. So while
you cook nutritious meals
for your little one, make sure
you add lots of love too."

Sudha Gupta, Parenting Expert
and Chairperson, Mother's Pride



January - 2016



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| <i>Winter Break</i> | <i>28th December - 17th January</i> |
| <i>Kadi with Zeera Rice and Salad</i> | <i>18th January</i> |
| <i>Chapati with Gobhi Aloo</i> | <i>19th January</i> |
| <i>Vada Sambhar with Fruit</i> | <i>20th January</i> |
| <i>Dal Makhani with Rice</i> | <i>21st January</i> |
| <i>Methi Parantha with butter</i> | <i>22nd January</i> |
| <i>Holiday</i> | <i>23rd January - 24th January</i> |
| <i>Tri Color Sandwich with Gajar Halwa</i> | <i>25th January</i> |
| <i>Holiday - Republic Day</i> | <i>26th January</i> |
| <i>Pav Bhaji with Salad</i> | <i>27th January</i> |
| <i>Chapati with Paneer Butter Masala</i> | <i>28th January</i> |
| <i>Rajma with Rice and Sprout Salad</i> | <i>29th January</i> |
| <i>Holiday</i> | <i>30th January</i> |

