

"Children neither give importance nor understand the many benefits of eating healthy food. You need to reinforce that in a fun way through rhymes, books and videos."

Sudha Gupta, Parenting Expert
and Chairperson, Mother's Pride

MARCH - 2016

<i>Poori Aloo with Fruit</i>	<i>1st March</i>
<i>Veg. Pulao with Curd</i>	<i>2nd March</i>
<i>Chapati with Palak Paneer</i>	<i>3rd March</i>
<i>Aloo Sandwich with Fruits</i>	<i>4th March</i>
<i>Holiday</i>	<i>5th - 6th March</i>
<i>Holiday - Mahashivratri</i>	<i>7th March</i>
<i>Veg. Burger with Fruit</i>	<i>8th March</i>
<i>Stuffed Prantha</i>	<i>9th March</i>
<i>Chapati with Mix Veg.</i>	<i>10 March</i>
<i>Chana Dal Khichdi with Curd</i>	<i>11 March</i>
<i>Holiday</i>	<i>12th - 13th March</i>
<i>Bread Rolls with Fruit</i>	<i>14th March</i>
<i>Veg. Sandwich</i>	<i>15th March</i>
<i>Dal Makhani with Rice</i>	<i>16th March</i>
<i>Chapati with Jeera Aloo</i>	<i>17th March</i>
<i>Bread Pakora with Sprouts Salad</i>	<i>18th March</i>
<i>Holiday</i>	<i>19th - 27th March</i>
<i>Bread Rolls with Cake</i>	<i>28th March</i>
<i>Dal Makhani with Rice</i>	<i>29th March</i>
<i>Jeera Aloo with Chapati</i>	<i>30th March</i>
<i>Channa Dal Khichdi with Curd</i>	<i>31st March</i>